

# Components of Nurse Substance Use Disorder Monitoring Programs

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**Introduction:** The purpose of this study was to identify the components of nurse substance use disorder (SUD) monitoring programs. A literature review was conducted to identify the components of SUD monitoring programs. The results of the literature review are presented in this paper.

**Aim:** The aim of this study was to identify the components of nurse SUD monitoring programs.

**Methods:** A literature review was conducted to identify the components of SUD monitoring programs. The search was limited to the years 2010-2020. The search terms used were "nurse substance use disorder monitoring programs" and "components of nurse substance use disorder monitoring programs". The search was conducted in the following databases: CINAHL, Medline, and PsycINFO. The search results were screened for relevance and then full-text articles were reviewed. The components of SUD monitoring programs were identified from the full-text articles.

**Results:** The results of the literature review identified the following components of nurse SUD monitoring programs: (1) screening, (2) assessment, (3) intervention, (4) monitoring, (5) documentation, (6) reporting, (7) education, (8) support, (9) referral, (10) follow-up, (11) evaluation, (12) feedback, (13) collaboration, (14) communication, (15) confidentiality, (16) privacy, (17) informed consent, (18) patient autonomy, (19) patient participation, (20) patient education, (21) patient empowerment, (22) patient self-management, (23) patient self-monitoring, (24) patient self-reporting, (25) patient self-referral, (26) patient self-education, (27) patient self-support, (28) patient self-referral, (29) patient self-education, (30) patient self-support.

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